

# Grilled Sirloin Steak with Roadhouse Herb Butter

Prep: 35 minutes Grill: 15 minutes • Serves: 6

### **Roadhouse Herb Butter**

- 1/2 cup unsalted butter, softened
- 3 garlic cloves, minced
- 4 tablespoons finely chopped fresh basil leaves, chives, dill and/or parsley leaves
- 1 tablespoon Italian salad dressing
- 1 teaspoon Worcestershire sauce
- 1/2 teaspoon kosher salt
- 1/4 teaspoon ground black pepper
- 1/4 teaspoon Tabasco sauce

### Rancher Garlic Steak Seasoning

- 1 tablespoon kosher salt
- 2 teaspoons ground black pepper
- 2 teaspoons paprika
- 1 teaspoon garlic powder
- 1/2 teaspoon ground cayenne pepper
- 1/2 teaspoon onion powder

#### Steaks

- 6 boneless center-cut top sirloin steaks (6 ounces each)
- 5 teaspoons olive oil

**1.** Prepare Roadhouse Herb Butter: In medium bowl, with mixer at high speed, beat butter 3 to 4 minutes or until light and fluffy. Add remaining ingredients and beat on low speed until well combined.

**2.** Prepare Rancher Garlic Steak Seasoning: In small bowl, combine all ingredients.

**3.** Prepare Steaks: Prepare outdoor grill for direct grilling over medium-high heat. Coat all sides of steaks with oil and seasoning mixture. Place steaks on hot grill rack. Cook 12 to 16 minutes or until internal temperature reaches 145°F for medium-rare, turning once. Serve steaks topped with herb butter.

Approximate nutritional values per serving: 466 Calories, 39g Fat (18g Saturated), 127mg Cholesterol, 756mg Sodium, 3g Carbohydrates, 1g Fiber, 26g Protein

# Helpful *tips*:

- > Seasoning can be prepared in larger batches and stored in an airtight container at room temperature for up to 4 months
- > Beef is an excellent source of zinc and vitamin B 12. It is a good source of other B vitamins, iron, selenium and protein.

Sirloin is one of the leanest cuts of beef.